

# Message Notes Pastor Steve Durand

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**Date:** March 10, 2019

**Bible Focus:** Jonah 1-4

**Series:** Only by Prayer

**Message Title:** In Over Your Head

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When you're in over your head . . .

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2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

## Questions for Reflection and Discussion

Jonah 1-4

1. What does desperate prayer look like? What distinguishes desperate prayer from other types of praying? How can you tell whether or not you are praying with desperation?
2. Recall a season when you were desperate for help. Did you feel like you grew closer to God through that experience? Why or why not?
3. What indications are there from Jonah's story that God was actually in charge the entire time?
4. What methods and means has God utilized in the past to try to get your attention?
5. What is the difference between being desperate for God to deliver you from a difficult circumstance and being desperate for God Himself?
6. How would you compare Jonah's attitude toward God with that of the sailors (in chapter 1) and the Ninevites (in chapter 3)?
7. How might desperate prayer lead to spiritual breakthroughs?
8. In what ways might prayer in desperate times help to ignite your faith?
9. After hearing this message, what has God brought to your mind in terms of a next-step of application that you can take this week?