

# Message Notes

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**Date:** August 18, 2019

**Scripture:** Jonah 1:17-2:10

**Series:** Miracles

**Message Title:** Kept Alive

**Jonah 1:17-2:10** - *Now the Lord provided a huge fish to swallow Jonah, and Jonah was in the belly of the fish three days and three nights.*

<sup>2</sup> <sup>1</sup> *From inside the fish Jonah prayed to the Lord his God. <sup>2</sup> He said: "In my distress I called to the Lord, and he answered me.*

*From deep in the realm of the dead I called for help, and you listened to my cry.*

<sup>3</sup> *You hurled me into the depths, into the very heart of the seas, and the currents swirled about me; all your waves and breakers swept over me.*

<sup>4</sup> *I said, 'I have been banished from your sight; yet I will look again toward your holy temple.'*

<sup>5</sup> *The engulfing waters threatened me, the deep surrounded me; seaweed was wrapped around my head.*

<sup>6</sup> *To the roots of the mountains I sank down; the earth beneath barred me in forever.*

*But you, Lord my God, brought my life up from the pit.*

<sup>7</sup> *"When my life was ebbing away, I remembered you, Lord, and my prayer rose to you, to your holy temple.*

<sup>8</sup> *"Those who cling to worthless idols turn away from God's love for them.*

<sup>9</sup> *But I, with shouts of grateful praise, will sacrifice to you. What I have vowed I will make good.*

*I will say, 'Salvation comes from the Lord.'"*

<sup>10</sup> *And the Lord commanded the fish, and it vomited Jonah onto dry land.*

## Three Miracles:

1.

2.

3.

## Questions for Reflection and Discussion

Jonah 1:17-2:10

1. What view of the fish have you typically held in the past? What about that view makes it most likely to you?
2. If God exists, is there any reason Jonah couldn't have survived?
3. When have you been surprised by someone's repentance? When have you been surprised by someone's refusal to repent?
4. Assuming there have been times in your life where you immediately repented (felt remorse for your actions, turned away from and them, and asked God for forgiveness) and other times when you delayed repentance (if you did it at all), what do you think made the difference?
5. On a scale of 1-10, 1 being not patient at all and 10 being miraculously patient, how patient do you believe God is with you? Does it depend on the circumstance?
6. If you had openly and deliberately defied God (like Jonah) and then found yourself in a periling situation, what do you think your reaction and prayers would be? Would they be like Jonah's?
7. In what ways does Jesus assure you of God's patience toward you?