

# Message Notes

Pastor Steve Durand

**Date:** August 26, 2018

**Bible Focus:** Isaiah 26:3-4

**Message Title:** What If?

---

**Isaiah 26:3-4** – <sup>3</sup>*You will keep in perfect peace those whose minds are steadfast, because they trust in you.* <sup>4</sup>*Trust in the Lord forever, for the Lord, the Lord himself, is the Rock eternal.*

Perfect peace:

- Perfect in \_\_\_\_\_
- Perfect in \_\_\_\_\_
- Perfect in \_\_\_\_\_

Who receives perfect peace?

1. The one whose \_\_\_\_\_
2. The one who \_\_\_\_\_

## Questions for Reflection and Discussion

Isaiah 26:3-4

1. How do you typically deal with uncertainty or difficult circumstances that are out of your control? Do you tend to experience anxiety? Do you tend to take action or to be more passive?
2. What are some advantages and disadvantages to the way you deal with uncertainty or anxiety?
3. Read Isaiah 26:3-4. How would you restate these two verses in your own words?
4. What specifically about these two verses encourages you? How do these verses challenge you?
5. According to this passage, what specific conditions lead to “perfect peace”?
6. What might it mean to have a mind that is steadfastly fixed upon God? Why is what we choose to fix our minds upon during difficult circumstances so important?
7. Why do we find it so challenging to trust God? What things do people tend to cling to more during difficulty rather than trusting God? How would your life be different if you were able to trust God more?
8. How might knowing that God is “the Rock eternal” be helpful when you are prone to worry or fear? How has God shown Himself to be a Rock to you in the past?
9. What is something that worries you right now? What can you do this week to declare your trust in God through this circumstance?