

# JESUS'

## MOST FAMOUS SERMON

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## Matthew 6:25-34

<sup>25</sup> Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on.



# Matthew 6:25-34

Is not life more than food, and the  
body more than clothing?

## Matthew 6:25-34

<sup>26</sup> Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them.

# Matthew 6:25-34

Are you not of more value than they?

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## Matthew 6:25-34

<sup>27</sup> And which of you by being anxious can add a single hour to his span of life?

## Matthew 6:25-34

<sup>28</sup> And why are you anxious about clothing?  
Consider the lilies of the field, how they grow:  
they neither toil nor spin,



## Matthew 6:25-34

<sup>29</sup> yet I tell you, even Solomon in all his glory was not arrayed like one of these.

## Matthew 6:25-34

<sup>30</sup> But if God so clothes the grass of the field,  
which today is alive and tomorrow is thrown into  
the oven, will he not much more clothe you,

# Matthew 6:25-34

O you of little faith?

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## Matthew 6:25-34

<sup>31</sup> Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?'



## Matthew 6:25-34

<sup>32</sup> For the Gentiles seek after all these things,  
and your heavenly Father knows  
that you need them all.

## Matthew 6:25-34

<sup>33</sup> But seek first the kingdom of God and his righteousness, and all these things will be added to you.

## Matthew 6:25-34

<sup>34</sup> Therefore do not be anxious about tomorrow,  
for tomorrow will be anxious for itself. Sufficient  
for the day is its own trouble.



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The cause of anxiety:  
**seeking an uncertain outcome**





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The solution for anxiety:  
**seeking what is certain**







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The twist:

**Jesus' provision is God Himself**





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**Not to Worry**