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**Date:** June 26, 2022    **Series:** Summer in the Psalms

**Message:** The Search for Happiness    **Scripture:** Psalm 1

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The blessed/happy person is described in Psalm 1:

- 1) By what he/she \_\_\_\_\_ (v. 1)
  
  
  
  
  
  
  
  
  
  
- 2) In what he/she \_\_\_\_\_ (v. 2)
  
  
  
  
  
  
  
  
  
  
- 3) By what he/she \_\_\_\_\_ (v. 3)
  
  
  
  
  
  
  
  
  
  
- 4) By how he/she \_\_\_\_\_ (vv. 4-6)

### Questions for Reflection and Discussion

#### Psalm 1

1. Do you feel that there is any type of connection between having wisdom and achieving happiness? Why or why not?
2. How are the biblical definitions of wisdom and happiness similar to or different from the ways that our culture typically thinks about wisdom and happiness?
3. How would you describe the difference between wisdom and knowledge/intelligence? Which is more important, and why?
4. What differences do you see in Psalm 1 between the "blessed" person and the "wicked" person?
5. Who are some of the voices in your life to whom you should be listening more? Who are some of the voices to whom you should be listening less? What is different about these two groups?
6. What do you think it means to "delight" in the "law of the Lord" (v. 2)?
7. What does it mean to "meditate" on the law of the Lord "day and night" (v. 2)? Do you think that type of prayerful meditation is possible in this busy day and age? Why or why not?
8. Why is the picture of the tree in v. 3 so significant? What are some of the various benefits of wisdom that are alluded to in the description of the tree?
9. How would you summarize the main point of Psalm 1?