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**Date:** November 20, 2022    **Message:** Thankful

**Scripture:** 1 Thessalonians 5:18

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The \_\_\_\_\_ of giving thanks:

The \_\_\_\_\_ for giving thanks:

The \_\_\_\_\_ for giving thanks:

### Questions for Reflection and Discussion

1 Thessalonians 5:18

1. What qualities about people do you find unattractive? Where does ingratitude fall on that list?
2. Would the people who know you best characterize you as more of a grateful person or a grumbling person?
3. In what ways is thankfulness a spiritual discipline (much like prayer or reading the Bible) that we need to intentionally practice each day? What are some practical things you can do to remind yourself to practice the discipline of giving thanks daily?
4. What are some of the various things in life that tend to prevent us from being more thankful?
5. Why is giving thanks in all circumstances "God's will for you" (v. 18)?
6. In what ways does thankfulness foster greater contentment within us?
7. In what ways does thankfulness bring us closer to God?
8. What are you thankful for in your heart that you have not yet expressed to God or to others with your words and/or actions?