
Date: February 5, 2023 **Series:** The Blessing of Church

Message: The Gift of Bearing Burdens **Scripture:** Galatians 5:25-6:2

Galatians 5:25-6:2 – ^{5:25} *Since we live by the Spirit, let us keep in step with the Spirit.* ²⁶ *Let us not become conceited, provoking and envying each other.* ^{6:1} *Brothers and sisters, if someone is caught in a sin, you who live by the Spirit should restore that person gently. But watch yourselves, or you also may be tempted.* ² *Carry each other's burdens, and in this way you will fulfill the law of Christ.*

A Problem:

A Principle:

A Process:

The Purpose:

1. Have you ever personally needed to "restore" someone who was "caught in a sin" (Gal. 6:1)? Or has someone ever had to do that for you? If yes to either, what was that experience like? What did it teach you?
2. What do you find to be the most difficult aspect of bearing someone else's burden(s)?
3. According to this passage, what types of attitudes can hinder us from carrying another's burdens?
4. Read Galatians 5:16-18 and 5:22-24. How do these verses tie into today's text (5:25-6:2)? In what ways does restoring one who "is caught in a sin" and "carrying each other's burdens" describe the nature of a Spirit-filled life?
5. One of the common objections someone might give for *not* carrying another's burdens is something like, "That person doesn't really need my help. They're not in *that* much need." Other common objections might be, "That's not my problem. They got themselves into this mess." Or, "I don't have the time to help." Are these reasonable objections? Why or why not?
6. In what specific ways does restoring a Christian brother or sister, or bearing another's burdens, "fulfill the law of Christ"?
7. Read Galatians 6:9-10. What promise(s) do these verses offer to those who might grow weary in serving or bearing someone else's burdens?
8. What specific opportunities do you have in your life right now to carry another's burdens?