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**Date:** May 14, 2023    **Message:** He Knows What You Need

**Series:** Gospel of Mark    **Scripture:** Mark 6:30-44

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**Questions for Reflection and Discussion**

Mark 6:30-44

Rest reminds us:

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_

Work can be done in unison with: \_\_\_\_\_

Bread reveals to us:

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_

- 1. Are you more prone to overwork or over-rest? What might that indicate about you?
- 2. Do you believe one is more acceptable than the other? Why?
- 3. In what ways can you change how you spend "time on" so that you work at a more sustainable and restful pace?
- 4. How often do you feel satisfied after a long (grueling) day of work? If it isn't often, why do you think that is? Could you be hoping for work to provide you a level of security, purpose, or approval that it can't?
- 5. If you had to assign credit for how you've ended up with your current work opportunities, what percentage would you credit your own effort and what percentage would you credit God's provision? What difference do you think it would make in your daily mindset if you were 100% one way or the other?
- 6. If the God of the universe has proven His love and care for us through the cross, why do we look to anything else to provide us with a sense of security or approval?