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G O S P E L O F

# MARK

A JOURNEY OF FOLLOWING JESUS

“The Heart of the Matter”  
by Pastor Steve Durand



GOSPEL OF

# MARK

A JOURNEY OF FOLLOWING JESUS

## Mark 7:1-23

<sup>1</sup> The Pharisees and some of the teachers of the law who had come from Jerusalem gathered around Jesus <sup>2</sup> and saw some of his disciples eating food with hands that were defiled, that is, unwashed.

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## Mark 7:1-23

<sup>3</sup> (The Pharisees and all the Jews do not eat unless they give their hands a ceremonial washing, holding to the tradition of the elders.)

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## Mark 7:1-23

<sup>4</sup> When they come from the marketplace they do not eat unless they wash. And they observe many other traditions, such as the washing of cups, pitchers and kettles.)

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## Mark 7:1-23

<sup>5</sup> So the Pharisees and teachers of the law asked Jesus, “Why don’t your disciples live according to the tradition of the elders instead of eating their food with defiled hands?”

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## Mark 7:1-23

<sup>6</sup> He replied, “Isaiah was right when he prophesied about you hypocrites; as it is written:

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## Mark 7:1-23

“These people honor me with their lips, but their hearts are far from me. <sup>7</sup> They worship me in vain; their teachings are merely human rules.’

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## Mark 7:1-23

<sup>8</sup> You have let go of the commands of God and are holding on to human traditions.”

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## Mark 7:1-23

<sup>9</sup> And he continued, “You have a fine way of setting aside the commands of God in order to observe your own traditions!”

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## Mark 7:1-23

<sup>10</sup> For Moses said, 'Honor your father and mother,'  
and, 'Anyone who curses their father or mother is  
to be put to death.'

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## Mark 7:1-23

<sup>11</sup> But you say that if anyone declares that what might have been used to help their father or mother is Corban (that is, devoted to God)—

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## Mark 7:1-23

<sup>12</sup> then you no longer let them do anything for their father or mother. <sup>13</sup> Thus you nullify the word of God by your tradition that you have handed down. And you do many things like that.”

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## Mark 7:1-23

<sup>14</sup> Again Jesus called the crowd to him and said,  
“Listen to me, everyone, and understand this.

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## Mark 7:1-23

<sup>15</sup> Nothing outside a person can defile them by going into them. Rather, it is what comes out of a person that defiles them. <sup>16</sup> If anyone has ears to hear, let them hear.”

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## Mark 7:1-23

<sup>17</sup> After he had left the crowd and entered the house, his disciples asked him about this parable.

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## Mark 7:1-23

<sup>18</sup> “Are you so dull?” he asked. “Don’t you see that nothing that enters a person from the outside can defile them? <sup>19</sup> For it doesn’t go into their heart but into their stomach, and then out of the body.”

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## Mark 7:1-23

(In saying this, Jesus declared all foods clean.)

<sup>20</sup> He went on: “What comes out of a person is what defiles them.

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## Mark 7:1-23

<sup>21</sup> For it is from within, out of a person's heart, that evil thoughts come—sexual immorality, theft, murder, <sup>22</sup> adultery, greed, malice, deceit, lewdness, envy, slander, arrogance and folly.

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## Mark 7:1-23

<sup>23</sup> All these evils come from inside  
and defile a person.”

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GOSPEL OF

# MARK

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What the Pharisees  
actually got *right*:

**Our unclean condition**

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## Mark 7:14-15

<sup>14</sup> Again Jesus called the crowd to him and said,  
“Listen to me, everyone, and understand this.

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## Mark 7:14-15

<sup>15</sup> Nothing outside a person can defile them by going into them. Rather, it is what comes out of a person that defiles them.”

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GOSPEL OF

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What the Pharisees (and we)  
get *wrong*:

**The *source* of our uncleanness**

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## Mark 7:6-8

<sup>6</sup> He replied, “Isaiah was right when he prophesied about you hypocrites; as it is written:

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## Mark 7:6-8

““These people honor me with their lips, but their hearts are far from me. <sup>7</sup> They worship me in vain; their teachings are merely human rules.’

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## Mark 7:6-8

<sup>8</sup> You have let go of the commands of God and are holding on to human traditions.”

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# MARK

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# A startling declaration

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## Mark 7:18-19

<sup>18</sup> “Are you so dull?” he asked.

“Don’t you see that nothing that enters a person from the outside can defile them?”

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## Mark 7:18-19

<sup>19</sup> For it doesn't go into their heart but into their stomach, and then out of the body."  
(In saying this, Jesus declared all foods clean.)

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