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**Date:** March 10, 2024    **Message:** The Goodness of Rules  
**Series:** Good Creation    **Scripture:** Genesis 2:7-9, 15-17

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**Questions for Reflection and Discussion**

Genesis 2:7-9, 15-17

Rules express:

What's at stake if we follow or not:

How to find the right restrictions:

How to follow the right restrictions:

1. When you think of "rules," do you more so feel they restrict life or give life? Why?
2. Why can it sometimes be so challenging to believe God's instructions are meant to give life?
3. At times, we think our choice is between following a rule and being free from restriction. However, is it ever possible to have what we want, when we want, as much as we want without being bound by some type of consequence? In other words, can we ever be totally free from all restrictions? Why or why not?
4. Looking back over your life experience, who has the best track record of providing you with life-giving guidance? Your own wisdom? The collective wisdom of those around you? Your culture? God? Give examples.
5. Following what God says can be tough. What has helped you follow Him more closely? Has the cross played a part? If so, how?
6. What is one area of your life that is not in alignment with what God says? What is your next step?