
Date: May 5, 2024 **Message:** How to Keep it Together

Series: Esther: Sovereignty in Silence **Scripture:** Esther 5:1-14

Haman's identity:

Esther's identity:

How to change our identity from one to the other:

Questions for Reflection and Discussion

Esther 5:1-14

1. When have you realized you were overly dependent on something in this world for your stability or meaning in life? What made you realize it?
2. What advice did the people around you give you when you explained your overdependence? How influential was their advice on you?
3. If outside input makes a difference in how we process our stress, how can we surround ourselves with helpful outside input?
4. How can we compassionately advise each other to seek God in moments of stress or breakdown without sounding "preachy" or condescending?
5. When have you felt that you truly found God during a stressful season? How do you believe that happened?
6. How do you explain why some people run toward God and other people run away from God when they experience the exact same circumstances?