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WHEN AND HOW TO PRAY

Lessons from Psalms

“Confession” by Pastor Steve Durand



WHEN
AND
HOW
TO PRAY

Lessons from Psalms

Psalm 32 (ESV)

¹ Blessed is the one
whose transgression is forgiven,
whose sin is covered.

WHEN
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Lessons from Psalms

Psalm 32 (ESV)

² Blessed is the man
against whom the Lord counts no iniquity,
and in whose spirit there is no deceit.

WHEN
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Psalm 32 (ESV)

³ For when I kept silent,
my bones wasted away
through my groaning all day long.

WHEN
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Psalm 32 (ESV)

⁴ For day and night your hand
was heavy upon me;
my strength was dried up
as by the heat of summer.

Selah

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Psalm 32 (ESV)

⁵ I acknowledged my sin to you,
and I did not cover my iniquity;
I said, “I will confess my transgressions to the Lord,”
and you forgave the iniquity of my sin.

Selah

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Psalm 32 (ESV)

⁶ Therefore let everyone who is godly offer prayer to you at a time when you may be found; surely in the rush of great waters, they shall not reach him.

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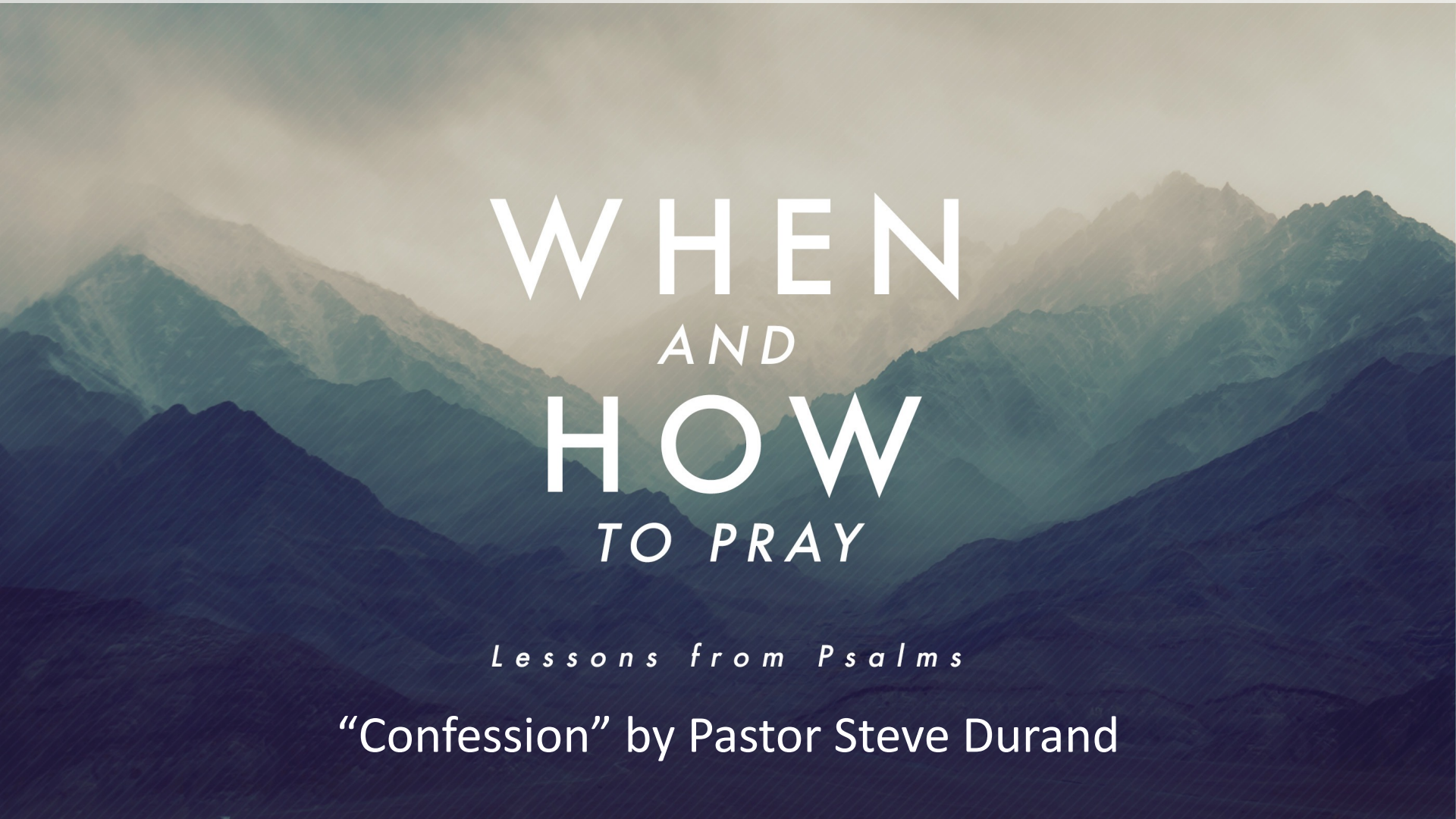
Psalm 32 (ESV)

⁷ You are a hiding place for me;
you preserve me from trouble;
you surround me with shouts of deliverance.

Selah

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The priority of confession

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Psalm 32:1a (ESV)

**Blessed is the one
whose transgression is forgiven**

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Psalm 32:1 (ESV)

Blessed is the one
whose transgression is forgiven,
whose sin is covered.

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Psalm 32:2 (ESV)

Blessed is the man
against whom the Lord counts no iniquity,
and in whose spirit there is no deceit.

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Psalm 32:3-4 (ESV)

For when I kept silent, my bones wasted away
through my groaning all day long.

For day and night your hand was heavy upon me;
my strength was dried up as by the heat of summer.

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The way of confession

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Psalm 32:5 (ESV)

I acknowledged my sin to you,
and I did not cover my iniquity;
I said, “I will confess my transgressions to the Lord,”
and you forgave the iniquity of my sin.

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“Because God is holy, He hates sin. Hate is such a strong word that we dislike using it. Yet when it comes to God’s attitude toward sin, only a strong word such as hate conveys an adequate depth of meaning. Therefore, every time we sin, we are doing something that God hates. He hates our lustful thoughts, our pride and jealousy, our outbursts of temper,

and our rationalization that the end justifies the means. We need to be gripped by the fact that God hates all these things. We become so accustomed to our sins we sometimes lapse into a state of peaceful coexistence with them, but God never ceases to hate them.”

- Jerry Bridges, *The Pursuit of Holiness*



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The basis of confession

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Psalm 32:7 (ESV)

You are a hiding place for me;
you preserve me from trouble;
you surround me with shouts of deliverance.

Selah

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Lessons from Psalms



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