

Sermon Notes Online @



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“New Life Lived the New Way”
by Guest Speaker Mark Chen

ROMANS

The background of the slide features a classical Roman temple with several columns. The temple appears to be in a state of partial ruin, with some debris and a hazy, atmospheric background. The word "ROMANS" is written in large, dark, serif capital letters across the top of the temple's pediment.



Romans 7

New Life Lived the New Way

ROMANS

Romans Review:

Romans 1:1-23 – The Gospel

Romans 1:24-2:24 – More Alike Than Different

Romans 3 – Accepting the Payment

Romans 4 – Faith

Romans 5 – Freedom and confidence even
in suffering

Romans 6 – Resurrection creates freedom
from sin and new life

Christ's Resurrection

Creates Freedom from Sin and a Brand-New Life

Old way to live – Enslavement to Sin and Death

New way to live – United with Christ (we too might walk in newness of life, Sin will have no dominion over you)

How to live it – Surrender to Christ (under Grace, offer ourselves and our bodies to God as instruments of righteousness)



ROMANS

Romans 7:1-6 (ESV)

¹ Or do you not know, brothers—
for I am speaking to those who know the law—
that the law is binding on a person
only as long as he lives?

Romans 7:1-6 (ESV)

² For a married woman is bound by law to her husband while he lives, but if her husband dies she is released from the law of marriage [or husband].

Romans 7:1-6 (ESV)

³ Accordingly, she will be called an adulteress if she lives with another man while her husband is alive. But if her husband dies, she is free from that law, and if she marries another man she is not an adulteress.

Romans 7:1-6 (ESV)

⁴ Likewise, my brothers, you also have died to the law through the body of Christ, so that you may belong to another, to him who has been raised from the dead, in order that we may bear fruit for God.

Romans 7:1-6 (ESV)

⁵ For while we were living in the flesh, our sinful passions, aroused by the law, were at work in our members to bear fruit for death.

Romans 7:1-6 (ESV)

⁶ But now we are released from the law, having died to that which held us captive, so that we serve in the new way of the Spirit and not in the old way of the written code [or the letter].



ROMANS

Romans 7:1-6 (ESV) – Law Applied

¹ Or do you not know, brothers—
for I am speaking to those who know the law—
that the law is binding on a person
only as long as he lives?

² For a married woman is bound by law
to her husband while he lives, but if her husband
dies she is released from the law of marriage
[or husband].

Romans 7:1-6 (ESV) – Died to the Law

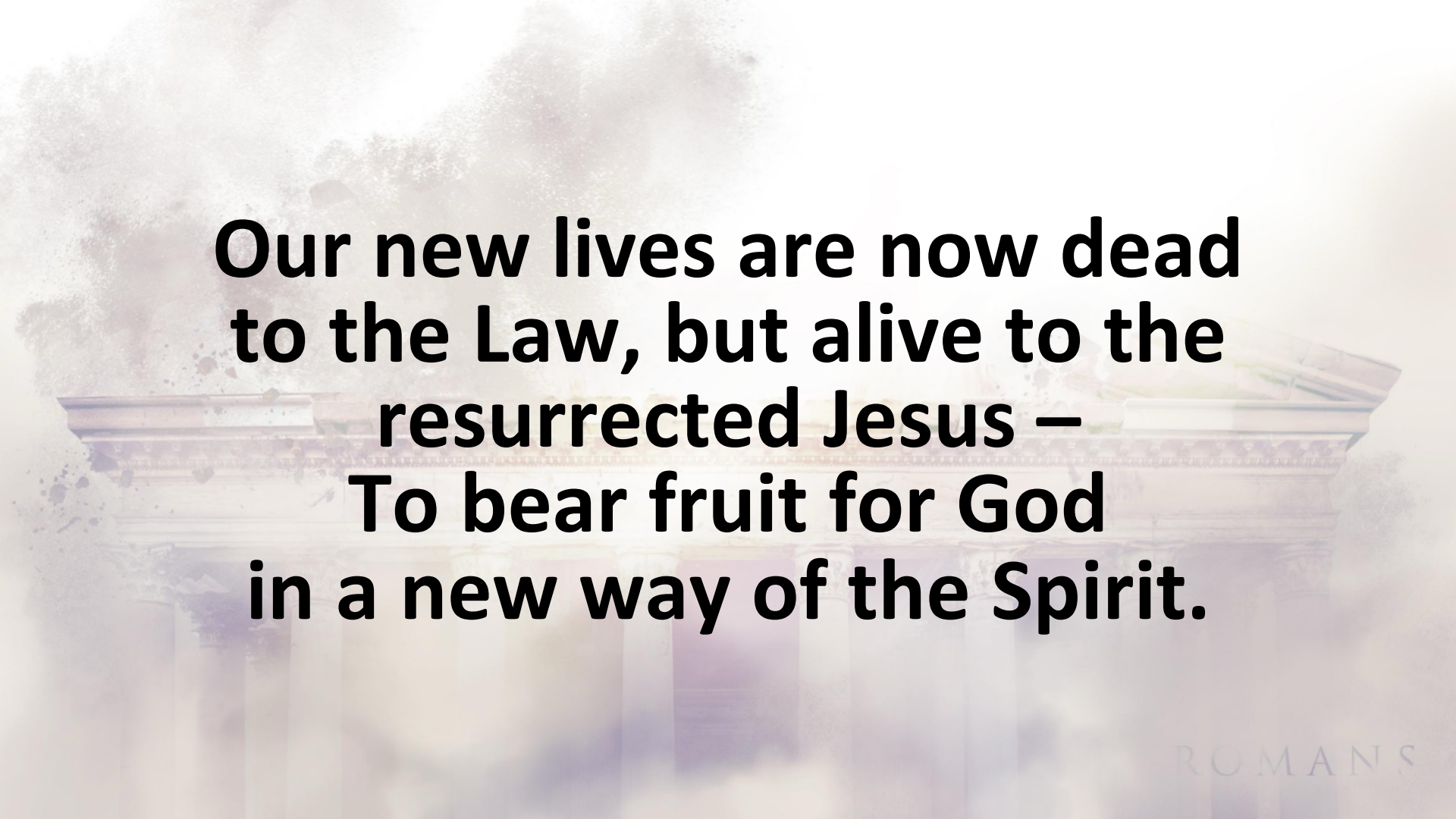
³ Accordingly, she will be called an adulteress if she lives with another man while her husband is alive. But if her husband dies, she is free from that law, and if she marries another man she is not an adulteress.

⁴ Likewise, my brothers, you also have died to the law through the body of Christ, so that you may belong to another, to him who has been raised from the dead, **in order that we may bear fruit for God.**

Romans 7:1-6 (ESV) – New Fruits

⁵ For while we were living in the flesh, our sinful passions, aroused by the law, were at work in our members to bear fruit for death.

⁶ **But now** we are released from the law, having died to that which held us captive, **so that we serve in the new way of the Spirit** and not in the old way of the written code [or the letter].



**Our new lives are now dead
to the Law, but alive to the
resurrected Jesus –
To bear fruit for God
in a new way of the Spirit.**



ROMANS

Romans 7:7-13 (ESV)

⁷ What then shall we say? That the law is sin? By no means! Yet if it had not been for the law, I would not have known sin. For I would not have known what it is to covet if the law had not said, “You shall not covet.”

Romans 7:7-13 (ESV)

⁸ But sin, seizing an opportunity through the commandment, produced in me all kinds of covetousness. For apart from the law, sin lies dead.

Romans 7:7-13 (ESV)

⁹ I was once alive apart from the law, but when the commandment came, sin came alive and I died. ¹⁰ The very commandment that promised life proved to be death to me.

Romans 7:7-13 (ESV)

¹¹ For sin, seizing an opportunity through the commandment, deceived me and through it killed me. ¹² So the law is holy, and the commandment is holy and righteous and good.

Romans 7:7-13 (ESV)

¹³ Did that which is good, then, bring death to me? By no means! It was sin, producing death in me through what is good, in order that sin might be shown to be sin, and through the commandment might become sinful beyond measure.



ROMANS

Romans 7:7-13 (ESV) – Law vs Sin

⁷ What then shall we say? That the law is sin? By no means! Yet if it had not been for the law, I would not have known sin. For I would not have known what it is to covet if the law had not said, “You shall not covet.”

⁸ But sin, seizing an opportunity through the commandment, produced in me all kinds of covetousness. For apart from the law, sin lies dead.

Romans 7:7-13 (ESV) – Law is Good

⁹ I was once alive apart from the law, but when the commandment came, sin came alive and I died.

¹⁰ The very commandment that promised life proved to be death to me.

¹¹ For sin, seizing an opportunity through the commandment, deceived me and through it killed me. ¹² So the law is holy, and the commandment is holy and righteous and good.

Romans 7:7-13 (ESV) – Law shows SIN is Sinful

¹³ Did that which is good, then, bring death to me? By no means! It was **sin**, producing death in me through what is good, in order that **sin** might be shown to be **sin**, and through the commandment might become **sinful** beyond measure.

**The Law has always been
Holy and Good—
Sin has always been the
Troublemaker!**

**Paul shows what happens if he
tries to serve the old way:**



ROMANS

Romans 7:14-23 (ESV)

¹⁴ For we know that the law is spiritual,
but I am of the flesh, sold under sin.

¹⁵ For I do not understand my own actions.
For I do not do what I want, but I do
the very thing I hate.

Romans 7:14-23 (ESV)

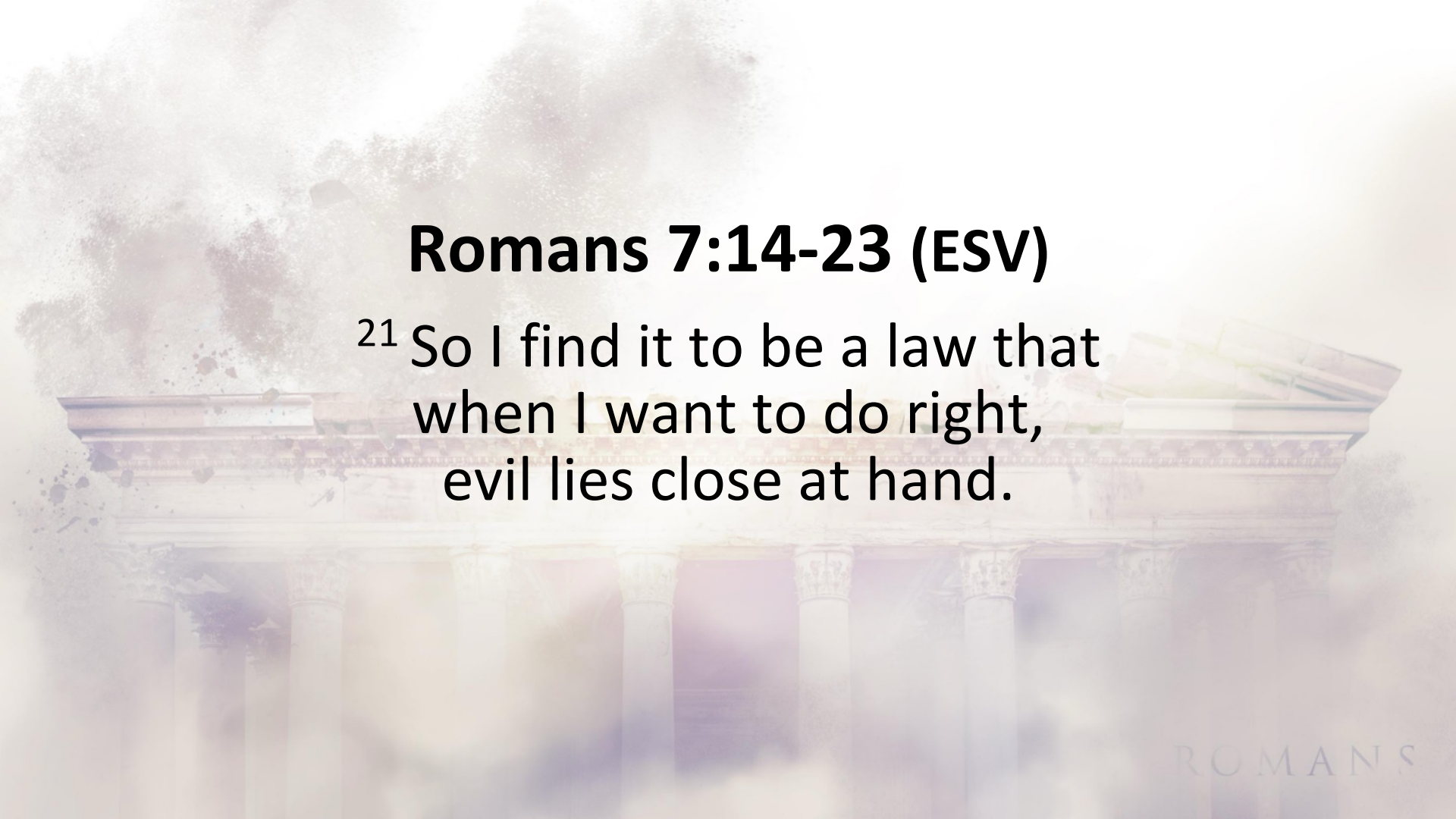
¹⁶ Now if I do what I do not want, I agree with the law, that it is good. ¹⁷ So now it is no longer I who do it, but sin that dwells within me.

Romans 7:14-23 (ESV)

¹⁸ For I know that nothing good dwells in me, that is, in my flesh. For I have the desire to do what is right, but not the ability to carry it out.

Romans 7:14-23 (ESV)

¹⁹ For I do not do the good I want, but the evil I do not want is what I keep on doing. ²⁰ Now if I do what I do not want, it is no longer I who do it, but sin that dwells within me.



Romans 7:14-23 (ESV)

²¹ So I find it to be a law that
when I want to do right,
evil lies close at hand.

Romans 7:14-23 (ESV)

²² For I delight in the law of God, in my inner being, ²³ but I see in my members another law waging war against the law of my mind and making me captive to the law of sin that dwells in my members.



ROMANS

Romans 7:14-23 (ESV) – The Conflict

¹⁴ For we know that the law is spiritual, but I am of the flesh, sold under **sin**.

¹⁵ For I do not understand my own actions. For I do not do what I want, but I do the very thing I hate.

¹⁶ Now if I do what I do not want, **I agree with the law**, that it is good.

¹⁷ So now it is **no longer I** who do it, but **sin** that dwells within me.

Romans 7:14-23 (ESV) – The Conflict

¹⁸ For I know that nothing good dwells in me, that is, in my **flesh**. For **I have the desire to do what is right**, but not the ability to carry it out.

¹⁹ For I do not do the good **I want**, but the evil I do not want is what I keep on doing. ²⁰ Now if I do what I do not want, it is **no longer I** who do it, but **sin** that dwells within me. ²¹ So I find it to be a law that when I want to do right, evil lies close at hand.

Romans 7:14-23 (ESV) – New Being, Old Member

²² For I delight in the law of God, in my **inner being**,
²³ but I see in my **members** another law waging war
against the law of my mind and
making me captive to the **law of sin** that
dwells in my **members**.



ROMANS

The Cry and the solution

Romans 7:24-25 (ESV)

- ²⁴ **Wretched** man that I am! **Who** will deliver me from this body of death?
- ²⁵ Thanks be to God through Jesus Christ our Lord!
- So then, I myself serve the law of God with my mind, but with my flesh I serve the law of sin.

Problem: BODY of DEATH

The inner man is tied to this unredeemed body. Whenever I want to follow God's GOOD LAW, Sin comes alive to battle – Sin demands to be my master, and we fail in our own strength.

**Gospel is still our only Hope –
to bear Fruit for God, we must
live the new way of the Spirit!**

**Righteousness of God is revealed
from Faith to Faith.**

**7:6 But now we are released from the law, having died
to that which held us captive, [we are under Grace] so
that we serve in the new way of the Spirit and not in
the old way of the written code [or the letter].**

8:1 There is therefore now **no condemnation** for those who are in Christ Jesus.

² For the law of the Spirit of life has set you free in Christ Jesus from the law of sin and death.

The old way cannot fulfill the Good Law, the new way of the Spirit would never do anything against the Law.

**Believe Jesus is the Christ,
Savior, Lord, Believe the Truth,
Surrender to the Spirit,
connect with your Church Body,
and Experience the Victory.**

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